

## Mid Beds Swim Squad (MBSS)

### Gala Feedback for Press Releases 2016 – 2017

<b>Meet Information</b>	Wycombe District Swimming Club Inaugural Short Course Premier Meet (L2) 15 <sup>th</sup> and 16 <sup>th</sup> October
<b>MBSS Swimmers</b>	Aaron Hird, James McFarland, Eddy McFarland, George Hart, Will Robins, Sam Townsend, Will Lowrie, Georgina Curtis, Lauren Thomas, Beth Thomas, Gemma Trott, Katie Shoobert, Emma Shoobert, Mea Roberts, Lauren Goodyer, Rebecca Grogan, Charlotte O'Dell, Rhea Mason, Rachel Andrews, Katie Cheeseright, Autumn Handscombe, (21 in total)
<b>MBSS Coaches</b>	Tom McManus, Alasdair Kerr, Olivia Thomas
<b>MBSS Team Managers</b>	Anita Goodyer, Anna O'Dell, Jane Lowrie, Debbie Curtis, Jo Hart
<b>Number of Races</b>	154
<b>Number of PB's</b>	97
<b>PB Success Rate</b>	63%
<b>Medals / Finals</b>	31 medals (G7, S11, B13)
<b>Coach Comments</b>	<i>"The team performed extremely well against high quality opposition during a fantastic short course meet. The swimmers have been working hard on their racing skills, in particular their underwater speed and efficiency. I'm pleased to say their hard efforts paid off as every swimmers showed significant improvements in this vital racing skill which has led to an outstanding pb success rate, strong medal haul and lots of East Region qualifying times. This is our first meet of the season; it's an excellent start which we must now build on. Many thanks to Wycombe district SC for hosting a great meet."</i> Tom McManus Head Coach Mid Beds Swim Squad
<b>MBSS Website</b>	<a href="http://www.midbedsswimsquad.org">www.midbedsswimsquad.org</a>
<b>MBSS Facebook</b>	<a href="https://facebook.com/Mid-Beds-Swim-Squad">facebook.com/Mid-Beds-Swim-Squad</a>
<b>MBSS Twitter</b>	<a href="mailto:mbss@midbedsswim">mbss@midbedsswim</a>